

WINTER WELLNESS REGISTRATION



Pre-Registration Required

Mail To: The Wellness Center, 189 Prouty Drive, Newport, VT 05855

Email Questions or to Save a Spot: mheadley@nchsi.org

Checks Payable To: The Wellness Center

The studio is not able to accommodate drop-in consultations or unscheduled visits.

Please use the above contacts for registration and information needs.

One-on-one consultations start at \$50/session and must be pre-scheduled.

Name _____ Contact # _____

Email Address: _____@_____

2025 Pricing

Unlimited Options:

UNLIMITED January-December Access: \$850.00 (regular price: \$960)

UNLIMITED January–April Access: \$290.00 (regular price: \$320)

Monthly Unlimited Membership: \$80.00/month

Unlimited Packages Include Fitness Classes Only:

Not Including workshops/fundraisers or Specialty Events.

Absolutely no refunds or credits from session to session or into 2026.

Drops-Ins: \$10/class (Meaning you are NOT prepaid)

*** Mailed Forms Should Be Mailed No Later Than 1 Week Before Your Start Date!**

ONE CLASS ONLY			
Specific Class Name/Day of Week	# of classes:	X\$6	\$
TWO CLASSES ONLY			
Specific Class Name/Day of Week	# of classes:	X \$5	\$
		Total:	\$
THREE CLASSES ONLY			
Specific Class Name/Days of week (After 3 a week all classes are \$4 each)	# of classes:	X \$4	\$
		Total:	\$
Workshop Name:	Cost:	(Add to above for grand Total:)	\$
		Total:	\$

*I understand there is a scent-free policy and will come scent-free to class. I agree to hand carry clean/dry indoor shoes. I will sign-in for each class. I understand that if there is a class before mine, I will not be permitted to enter until 10 minutes before class. I understand I will be exercising at my own risk. If I have had a recent health event, surgery or there are concerns about my ability to participate freely, I may be asked to provide a doctor's note and will abide: **YES (please circle)***

Winter cancellations policy:

In the best interest of our instructors, participants and community, we sometimes cancel class due to inclement weather. In the event of inclement weather please call The Wellness Center at 802-334-5566 and listen to the recorded message. Any/All cancellations and/or updates will be on this recorded line. If there is no mention of cancellations, there are no cancellations. All cancellations will also be posted on our Facebook page. If it is not safe for you to come to class, please stay home and stay safe. We will not be able to return calls or emails about cancellations.

The **Wellness Center**

1734 CRAWFORD , NEWPORT VERMONT

(802)334-5566 | EMAIL- MHOADLEY@NCHSI.ORG

WWW.NORTHCOUNTRYHOSPITAL.ORG/WELLNESSCENTER