## **Pre-Registration Required**

Mail To: The Wellness Center, 189 Prouty Drive, Newport, VT 05855

Email Questions or to Save a Spot: wellnesscenter@nchsi.org • Checks Payable To: The Wellness Center

The studio is not able to accommodate drop-in consultations or unscheduled visits.

Please use the above contacts for registration and information needs.

One-on-one consultations start at \$50/session and must be pre-scheduled.

Name_	Contact #	
Email Address:		

**Summer Pricing** 

UNLIMITED May-December 2024 Access: \$535 (regular price: \$640)

Monthly Unlimited Membership: \$80.00/month

Discounted Summer Unlimited Membership May— August: \$285.00 (regular price: \$320)
Drops-Ins: \$10/class (Meaning you are NOT prepaid by mailing/emailing in form)

Unlimited Packages Include fitness classes only. • Absolutely no refunds or credits from session to session.

ONE CLASS ONLY Specific Class Name/Day of Week			
Example: Zumba Tues	# of classes: 12	X\$6	\$72
		X\$6	
TWO CLASSES ONLY Specific Class Name/Day of Week			
Example: Zumba Tues Drums Alive Saturday	# of classes: 12 # of classes: 5	X\$5 X\$5 Total: 60 + 30	\$90
	# of classes:	X \$5	
	# of classes:	X \$5	
		Total:	
THREE CLASSES ONLY Specific Class Name/Days of week (After 3 a week all classes are \$4 each)			
Example: Zumba Tues Drums Alive Saturday Boxing and Bells Sunday	# of classes:12 # of classes:5 # of classes: 12	X\$4 X\$4 X\$4 Total: 48+20+48	\$116
	# of classes:	X \$4	
	# of classes:	X \$4	
	# of classes:	X \$4	
	# of classes:	X \$4	
	# of classes:	X \$4	
		Total:	

I understand there is a scent-free policy and will come scent-free to class. I agree to hand carry clean/dry indoor shoes. I will sign-in for each class. I understand that if there is a class before mine, I will not be permitted to enter until 10 minutes before class. I understand I will be exercising at my own risk. If I have had a recent health event, surgery or there are concerns about my ability to participate freely, I may be asked to provide a doctor's note

and will abide: YES (please circle)